



# ENCOURAGE *Confidence,* ENVISION *Change*

In a survey by Ypulse, results showed that between the ages of 8-18 girls' confidence levels dropped by 30%. Now, more than ever tween and teen girls feel the pressure to be perfect.

**Together, we'll take the fear of out failure, fill the confidence gap and be proud of who you are.**

Register @ <https://confidencecodeforgirls.eventbrite.com>



## Who

Girls in grades 6-12



## What

Empowering virtual book club to engage and equip girls with confidence skills. Girls will learn the recipe for confidence, release the need to please and find strength in who they are.

## Cost

Free +

**COST OF BOOK**

([www.tinyurl.com/qpyxbej](http://www.tinyurl.com/qpyxbej))

## Where

Virtually from your computer via Zoom  
(Zoom link provided upon registration)



## When

Tuesdays April 21 – May 26  
4-5 PM CST



The program will be led by Rachel Gitlevich, CEO of Ray of Consciousness and Instructor with the YEA! Chicago Program.

